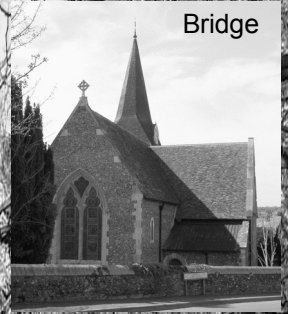


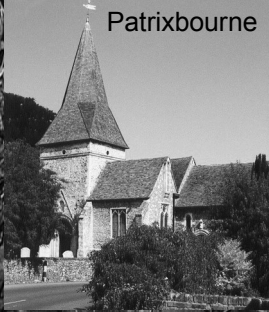
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along the Nailbourne

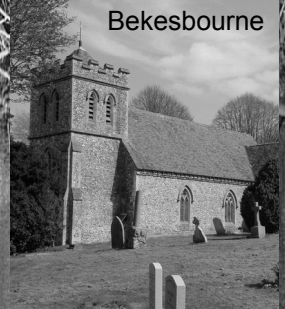
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July 2018 50p

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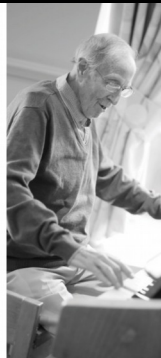
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July 2018	St Mary NACKINGTON	St Mary LOWER HARDRES	St Peter BRIDGE	St Mary PATRIXBOURNE	St Peter BEKESBOURNE
1st July 1 Sam 1:1, 17-end; 2 Cor 8:7-end; Mark 5: 21-end	8.00am BCP Holy Communion EL	11.00am Family Communion RH	6.00pm Evensong MC / EL	9.30am Sung Eucharist DL	10:00am Songs of Praise Lay Led service with baptism - EL
8th July 2 Sam 5:1-5,9-10; 2 Cor 12:2-10; Mark 6:1-13	9.30am Morning Prayer with Hymns Daphne Reece and MC	6.00pm Evensong MC	9.30am Family Communion EL	<i>All welcome at the services of the Benefice</i>	8.00am BCP Holy Communion EL
15th July 2 Sam 6:1-5, 12b-19; Eph 1:3-14; Mark 6: 14-29	<i>All welcome at the other services of the Benefice</i>	9.30am Family Service with Baptism MC & EL	11.00am Choral Eucharist EL	8.00am BCP Holy Communion EL	9.30am Sung Eucharist JT
22nd July 2 Sam 7:1-14a; Eph 2:11-end; Mark 6:30-34, 53-end.	9.30am Sung Eucharist EL	<i>All welcome at the other services of the Benefice</i>	8.00am BCP Holy Communion EL 11.00am Community Worship BL	9.30am Matins MC	<i>All welcome at the other services in the Benefice</i>
Summer Schedule starts here One 9.30am Eucharist Service in each church over the next five Sundays.					
29th July 2 Sam 11:1-15, Eph 3:14-end, John 6:1-21	<i>All welcome at the Benefice Service</i>	Benefice Service Family Communion 9.30am	with Baptism BL/EL <i>All welcome at the Benefice Service</i>		
There is Holy Communion every Tuesday at 9.30am to 10.00am at Bridge Church, followed by coffee. All welcome.					



The Vicarage
23 High Street
Bridge
Tel: 01227 206272
E-mail: estellalast@gmail.com
July 2018

Dear Friends

This is now the 6th letter I have written to you – meaning we have been with you here in the Benefice for almost 6 months which seems both impossible and yet hardly a surprise as we have settled so well and been made so very welcome.

While we were away at 'The Big Church Day Out' (a huge Christian music festival held over the late May Bank Holiday weekend) we heard from Tearfund that in a survey conducted by them in January this year it was revealed that one in two (51%) adults pray. "Among those who pray, over half (55%) say that they are most likely to pray in a crisis. The next most common reasons cited by those who pray is because they believe in God (39%), or because they believe that prayer makes a difference (32%)". So I wonder, if you really studied yourself – how often would you say that you pray? And what are the types of things you pray for? Have you ever caught yourself praying without even realising that's what you were doing?

Even in a society where it seems as though Church going itself is in decline, there is still I think an underlying culture of belief. Our beautiful church buildings here in the Benefice are evidence of this as they stand as witness to centuries of prayer in our communities.

Prayer is important and I am always glad to see that those who drop into our churches when they are open (most are open every day!) value the quiet space to pray and often leave notes of their prayer requests for us to offer to God in our regular worship. Part of my role here is to pray for all of you, every day, and I do. Living in a Parish or Benefice means that you are automatically entitled to receive the care of the Parish church – regardless of whether you attend regularly or not.

So please know that you are prayed for and cared about each and every day.

Yours in Christ

Rev. Estella Last, Vicar

Dates for the diary – July 2018

Tuesday 3rd

9:30am - Holy Communion, St Peter
Bridge
3:00pm - Holy Communion, Bridge
Haven
7:30pm - After 8's, Mansfield Court

Monday 9th

- 7:30pm, Caring & Sharing

Tuesday 10th

9:30am - Holy Communion, St Peter
Bridge
2:30pm - Holy Communion, Mansfield
Court

Wednesday 11th

10:00am - FISH pop-in coffee, Bridge Village
Hall
2:00pm - Social Afternoon, Lower
Hardres

Tuesday 17th

9:30am - Holy Communion, St Peter
Bridge
3:00pm - Holy Communion, Saxon
Lodge
7:30pm - After 8's, Mansfield Court

Wednesday 18th

- 3:00pm - Hymns at Bridge Haven

Monday 23rd

- 7:30pm, Caring & Sharing

Tuesday 24th

- 9:30am - Holy Communion, St Peter
Bridge

Lower Hardres Dates for the Diary—more info next month

EDITORS MESSAGE.

Ride and Stride charity cycle ride or walk is on Saturday 8th September.

Will all contributors please note that the next edition of

On the Nail

The Benefice Harvest Lunch is on Sunday 30th September at 12.30.

Will be the combined **AUGUST / SEPTEMBER** one.

Harvest Service at Lower Hardres is on Sunday 7th October at 11.00.

Could I please have all items for this edition

By **SUNDAY 15th JULY.**

Preferably email, laurence.dunderdale@gmail.com

or

laurence.dunderdale@btinternet.com

CHRISTIAN AID WEEK 2018



Another Christian Aid Week has gone by and people from 1000s of churches and organisations across Britain and Ireland will have stepped out to help the world's most vulnerable people. This year we were thinking particularly of those suffering from the effects of the earthquake and hurricane in Haiti – people like Marcellin, struggling to survive with his family in an abandoned shower block.

I'm delighted to report that in this Benefice we have had another record-breaking year and it's heartening to know that people really do still care and want to give. A massive thank you to all those who collected and donated to help raise the magnificent sum of £2671.37 (with Gift Aid of over £300 to be added).

In Bridge & Patricbourne School the children learnt how Christian Aid is helping partner organisations to provide water pumps, so that people can have access to clean water and improve their health. Each class filled plastic water bottles with silver coins, raising a marvellous £508.36. Well done children, parents and teachers!

In Haitian Creole there is a saying: 'Mwen santi mwen an vi. Mwen santi mwen egziste' which means 'I feel like I am alive. I feel like I am part of existence'. Thank you for helping to keep that hope alive.

Jean Barber

For more information go to www.christianaid.org.uk

Patricxbourne with Bridge Midsummer Fete.

On Behalf of Rev. Estella, the Churchwardens and PCC we would like to thank everyone who made the day a success, whether by helping, donating items or by attending.

The weather was kind to us and the garden of the Red Lion is a wonderful setting for the event. Thanks Rene & Harry for letting us use the garden. Thanks to Peggy Pryer for "masterminding".

We raised a total of £1215 for church funds.

Thanks to all who helped raise this amount. Special thanks to Rene and one "regular" of the Red Lion who both made generous donations.

Evelyn Andrews & Laurence Dunderdale, Churchwardens

Fish news July 2018

First I must apologise for raising hopes. The Bring and Buy made £318 and not £3018. So the bar will not be too high for next year.

The July Coffee Pop-In will be on Wednesday 11th in Bridge Village Hall. The phone number for lifts is 07935 966 080

Littlebourne & District Royal British Legion

We had an enjoyable June meeting which unfortunately our Chairman Ray Tupper was unable to attend due to health problems. We wish him a speedy recovery. The poppy knitters are working hard making the poppies for Littlebourne Church display in November. Any extra knitters or donations of wool would be appreciated. Contact the secretary on 01227 472023.

Our next two monthly meetings will be on Tuesdays 10 July and 14 August, both at the Recreation Club, Littlebourne starting at 8pm. All members and friends are welcome. Anyone interested in more information about joining the branch please contact the telephone number above.

Professor Joe Connor 1938—2018

It was with great sadness that the Village of Bridge learned of the death of Professor Joe Connor following an accident in April 2018.

Joe and his family had lived in Bridge since 2002, for fourteen years in Bourne Lodge until they moved to 1, The High Street.

Following a distinguished career at the University of Kent at Canterbury, where Joe was both Professor of Chemistry, Dean of Faculty, and for six years pro-vice chancellor. Joe worked tirelessly for the Village. He served on the Parish Council for 4 years and more recently took on the somewhat challenging task of heading up the Committee for the Neighbourhood Plan for 6 years.

Joe was always concerned with those less fortunate than himself and devoted his time to the welfare of others, spending many years as a Prison visitor, where his gift for languages came in very useful. He also acted as a volunteer at the Pilgrims Hospice, and a visitor for Macmillan Cancer support. In fact, he was happy to do whatever task needed to be done.

His untimely death has robbed the Village of Bridge of one of its most caring and concerned citizens.

Joe Connor leaves a wife, 2 daughters and 6 grandchildren.

Jennifer and Martin Vye

Arthur Hulyer

Arthur Frederick Hulyer born May 4 1923 died January 19 2018

Arthur lived in Bridge for over 54 years and was well known to many people.

He and his wife Patricia moved to one of the new houses in Bridge Down when Arthur took up a new post at South Kent College in Folkestone. He lectured there in motor engineering until his retirement some 30 years ago.

Cars were the love of his life and he worked for Ford in Dagenham before taking up teaching. During WW2 Arthur enlisted with the RAF and was selected for pilot training in Canada and the States. He flew several missions with Bomber Command over Germany in Stirlings and had many tales to tell of his time with them.

At the end of the war he flew out to India to repatriate Japanese POWs this time flying Dakotas.

Arthur was a very open, friendly guy and very skilled at making things. He will be much missed.



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New for Summer 2018!!!

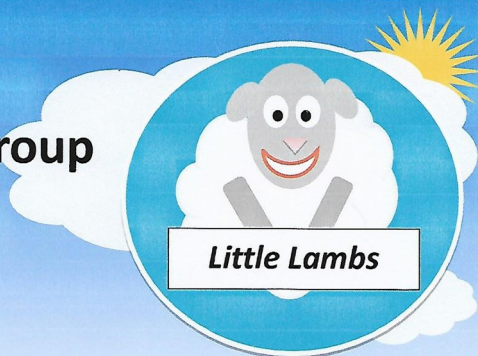
Baby and Toddler Group

Thursdays 14th, 28th June,

12, 19 & 26th July

2nd & 9th August 9-11am

Bridge Recreation Ground Pavilion



Open to all pre-school age babies and toddlers (with parent / guardian). Come and enjoy a cuppa and a chat in a relaxed safe atmosphere while your children play with others. Sessions include free-play, drinks & snacks, craft activity & story/song time. Suggested donation £1.

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With thanks to Bridge Parish Council

Nailbourne Horticultural Society

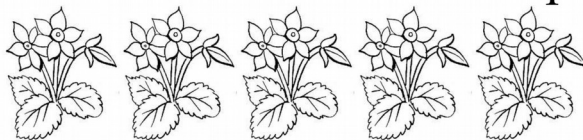
Summer Show



Saturday 28 July
Bridge Village Hall

Show open to public 11.30 am to 2.00pm

Presentation of Prizes 1.45 pm



Includes 5 Open Classes (for all to enter):

- **Any Other Vegetable** - not included in any other class
- **A Vegetable or Fruit Oddity**
- **A Vase of Mixed Flowers** - anything in flower (Vase supplied)
- **Two photo classes** - "Reflections" and "Wheel(s)"

Refreshments

Raffle

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Bridge with Patricxbourne Women's Institute

For our regular monthly evening meeting on **Tuesday 17 July** (7.30 pm in Bridge Village Hall), **David Tadd** is our guest speaker and he will be giving what promises to be a fascinating and enlightening talk entitled "**Forensic Response to Homicide**". As we feel that this subject may be of general interest, we have decided to open this meeting to everyone, partners, friends, visitors and interested persons alike. So do join us on the 17th. You will be most welcome.

The competition this month is for an interesting item beginning with the letter "H".

Nailbourne Horticultural Society

Our **Annual Summer Show** is on **Saturday 28 July** in Bridge Village Hall. The Show will be open to the public from **11.30 am until 2.00 pm** with presentation of prizes at 1.45 pm. Refreshments will be available throughout the day and there will also be a raffle and plant/bring and buy stall. Do please come along to support us and enjoy the varied display of exhibits - vegetables, flowers, cookery, floral arrangements and handicraft, not forgetting the popular Chairman's Challenge which this year is a chili pepper - staged by our members.

For those of you who are exhibiting, please note that there is no entry charge this year. Please submit your entries by Thursday 26 July to Show Secretary Kathy Walder, 62 High Street, Bridge Tel: 830057/07791 656539 or to one of the following:

Ann Edmonds, Cosby, Higham Lane, Bridge Tel: 830795

Julia Cooper, 26 Conyngham Lane, Bridge Tel: 832896

Rajini Dasan, 15 Union Road, Bridge Tel: 830313

If you prefer, please email your entries direct to the Show Secretary (kath@askwalder.com).

The hall will be open from 8.00 until 10.00 am on the morning of the Show to stage your entries prior to judging.

A reminder that we have again included several open classes in the Show for everyone to enter, with garden vouchers as prizes. These are:

Any Other Vegetable - not included in any other class, ie NOT spring onions, onions, beetroot, potatoes, carrots, French beans, runner beans, peas, courgettes, shallots, lettuce, tomatoes, cucumber. There are still a few! And please use common sense as to the number exhibited.

A Vegetable or Fruit Oddity

A Vase of Mixed Flowers - anything in flower (Vase supplied)

Two **photo classes** - "**Reflections**" and "**Wheel(s)**"

Photos should be unframed, not to exceed 8 inches x 6 inches, not be digitally enhanced and should be produced within the last 12 months.

If anyone requires further information or a show schedule please contact the Show Secretary - details above.

National Vegetable Society - Kent Association

The Vegetable Society does not have an evening talk in July but they can be found on their stand at the Kent County Show at Detling from Friday 6th to Sunday 8th July.

A supermarket day for the Food Bank

It was the first BH Saturday in May and a bright sunny day, although there was a strong breeze at Sainsbury's, Chestfield where we had been invited to distribute leaflets and collect for the Canterbury Food Bank. There were 3 sets of volunteers all doing 2 hours and I was with the final slot between 2-4 in the afternoon.

The whole 6 hours had an excellent response raising £396.33 in cash and 494 food items. In answer to the query as to why cash is also important, the warehouse storing all the dried foods, cans and UHT products works to a prescriptive list for the Adults and Children's bags.

Sometimes there is an excess of items (usually baked beans and soup) and then there can be a shortage (currently UHT milk and juice and tinned meat products for children) and so if this occurs then the cash is used to purchase them.

I was on the exit door which had more sunshine than the entrance with another volunteer and we were kept busy for the entire 2-hour slot. One person challenged us as to why a Food Bank is necessary in this area, which was easy to answer, otherwise approximately 10% of the busy shoppers stopped to talk and donate, which was very pleasing.

Thank you to everyone who supports the Food Bank by donating in the yellow bin in St Peter's Church in Bridge. It is delivered to the All Saints Centre on a Tuesday when I volunteer, and where the CFB van has already unloaded for distribution in the Café and so has room to take the donations. They go straight to the Collection Centre in Chestfield where each item is logged in, checked for damage or out of sell by date and then sorted into the bags or if in excess for the Bonus Table, which I wrote about last month.

There are CFB volunteers who give talks to Societies in the Food Bank area and so any Club/organisation in the Bridge and villages who is interested, is invited to either visit the website or email info@canterburyfoodbank.org

Food For Thought



S

Did you know that slugs and snails can be a real threat to your dog as they can carry potentially life threatening lungworm larvae. Lungworm has spread considerably in recent years and is now endemic in much of the UK. There have been 20 reported cases in Kent and we have seen 2 cases of Lungworm this spring at Bourne Veterinary Practice.

Lungworm also known as *Angiostrongylus vasorum* are slender worms about 2.5 cm long which live in the heart and lungs of dogs and can cause a lot of damage. Symptoms of lungworm infection are varied but often include coughing, lethargy, weight loss, poor appetite, vomiting and diarrhoea.

Dogs can become infected with this life-threatening parasite by swallowing infected slugs and snails. Slugs and snails can be very small and even if dogs don't eat slugs and snails on purpose they may do so accidentally when eating grass, drinking from puddles, rummaging in undergrowth or playing with toys outdoors.

If spotted and treated early enough most dogs will make a full recovery, but as this parasite can be fatal, the best way to ensure your pet is protected is by regularly using a product that acts as a preventative. However, not all wormers are effective against lungworm so be sure to ask your vet for advice. Remember, for lungworm prevention, treatment must be monthly; using a product every 3 months will not prevent this potentially fatal parasite, as this leaves your dog unprotected for too long between doses.

The average UK garden is thought to contain more than 20,000 snails and slugs, any one of which could be carrying lungworm larvae. As lungworm cases are on the increase in our area please ask your vet about a lungworm prevention plan. You can call us at Bourne Veterinary Practice on 01227 832322 for more information.

The Quiet View

TRINITY GARDEN TEA PARTY Sunday 22nd July at 3.30pm – we have created a new garden based on a trefoil design, which is not only used in architecture but also in Christian symbolism,- God invites us into the Divine dance. To bless the garden, Christina Horton will lead a dance in through the sunflowers and we'll sing and have tea. Everyone is welcome to join us. Please let us know for catering purposes.

2 SILENT RETREATS - **Thursday 5th July 11 -4** with the Janki Foundation - 'Mindfulness, with an art-based Introduction' - led by Lorraine Millard, Counsellor and Mindfulness Trainer, University of Kent, Psychotherapist and Supervisor, Author of Sheldon Mindfulness: Stress, 2015 - please book at newron.co.uk. £12.50 and **Sunday 8th July** with Caroline Armstrong , Mindfulness teacher, Counsellor and Supervisor 10am – 3pm – please book with Caroline at mindzone14@gmail.com - £20 - £40 depending on what you can afford.

RED TENT KENT – this is a monthly women's group that is part of an international organisation that seeks to encourage women to find healing and peace through meditation, sound, art, prayer, music and other healing gifts. **Friday 20th July 7pm – 9pm**. Please contact Karalyne Howes if you are interested. 077255 89935 Donations very welcome

Taizé prayers continue on the first Friday of every month at 7pm – just turn up.

Taiji Qigong takes place on Mon 9th July at 7.30pm and Thursday 26th July at 2.30 pm. Please contact Melanie French if you are interested - m.s.french00@btinternet.com

We would love to welcome you to the Quiet View at an event or come by yourself to rest in an inspirational setting.

Lizzie Hopthrow
The Quiet View
146 The Street
Kingston
01227 830070
[*lizziehopthrow@gmail.com*](mailto:lizziehopthrow@gmail.com)
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St **ge**

Donations are collected weekly from the yellow bin, (situated in the porch of the Church), and taken to the Food Bank collection point in Canterbury.

Our Church is open daily, if you wish to donate food items (at least 3 months within date) please leave donations in the bin.

Many thanks



by Lucy
Newell
age 7

VOLUNTEERS NEEDED

Do you have a little spare time to help us in St Peter's, Bridge?

We have a few loyal volunteers who clean the Church and we would really appreciate more help.

A rota is organised every six months and ideally the Church is cleaned once a fortnight.

If you could spare an hour every few months it would be greatly appreciated.

If interested please contact me on
01227 830960

or

evepurlins@btinternet.com

Evelyn Andrews
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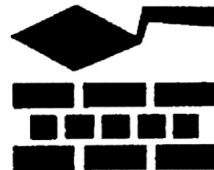


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